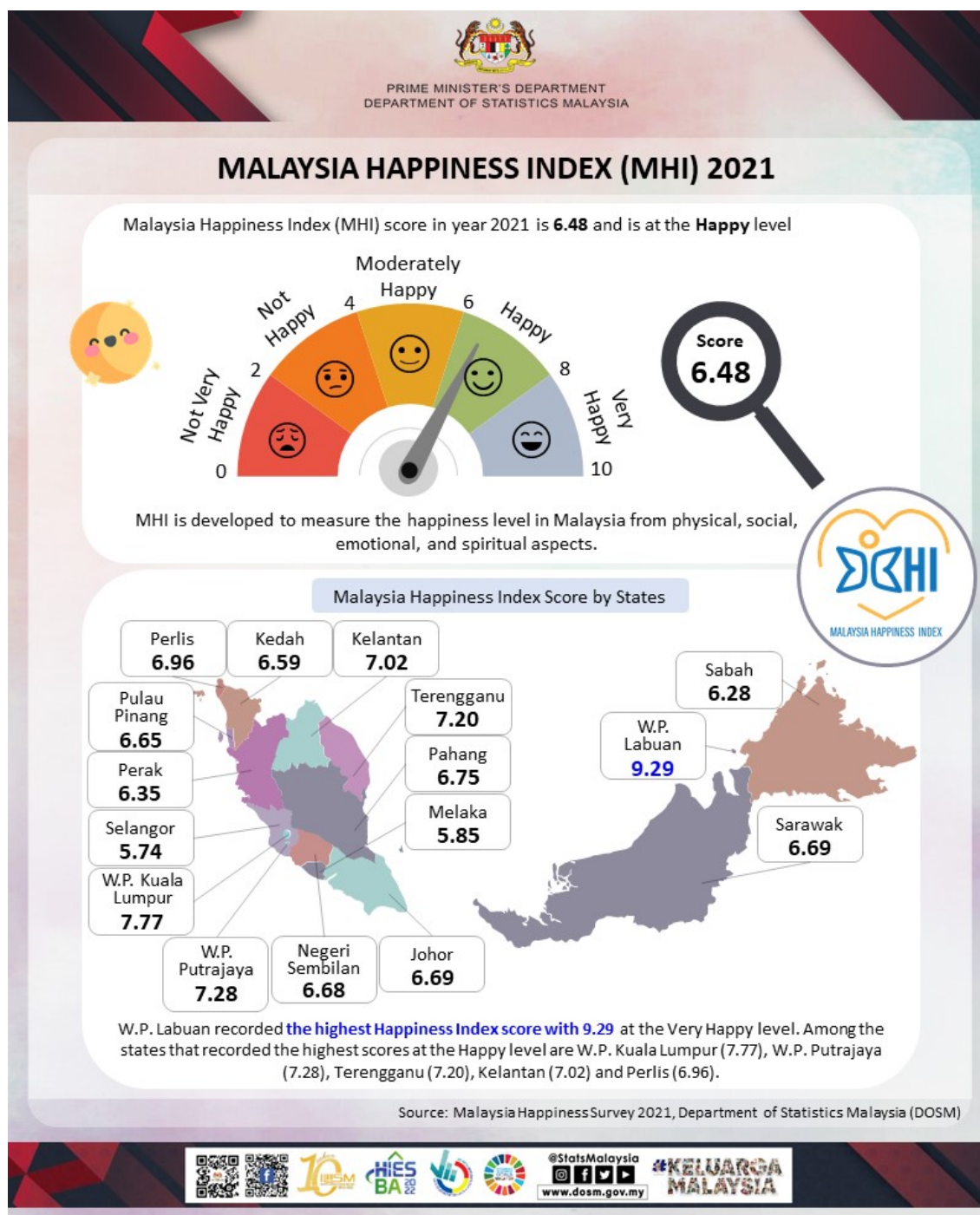




MALAYSIA HAPPINESS INDEX REPORT 2021



INTRODUCTION

The Malaysia Happiness Survey is the first survey conducted by the Department of Statistics

Malaysia (DOSM) to measure the level of happiness in Malaysia from the physical, social, emotional and spiritual aspects. The survey was implemented from September to November 2021 based on household approach covering selected residential areas in Malaysia. The main findings of this survey were displayed

by state, strata, gender, ethnic group, age group, marital status and educational attainment

MALAYSIA HAPPINESS INDEX OVERALL ACHIEVEMENT

Based on the survey findings, the performance of the Malaysia Happiness Index score in 2021 was at a happy level with a score of 6.48. Analysis by component showed that the highest index score recorded was the family component which was 7.23, followed by religion and spiritual component (7.21) and health (6.75). Other components namely, the time use component were recorded at a score of 6.72, social participation (6.46), housing and environment (6.39), working life (6.31), education (6.30), public safety (6.28), culture (6.20), emotional experience (6.15), communication facilities (6.14) and income (6.04). Overall, all the 13 components were at a happy level between a score of 6.01 to 8.00.

The full publication can be downloaded through [eStatistik](#) portal.

Released by:

**THE OFFICE OF CHIEF STATISTICIAN MALAYSIA
DEPARTMENT OF STATISTICS, MALAYSIA**

#myHariBulan# #myBulan# #myTahun#

Contact person:

Mohd Yusrizal Ab Razak

Public Relation Officer

Strategic Communication and International Division

Department of Statistics, Malaysia

Tel : +603-8885 7942

Fax : +603-8888 9248

Email : yusrizal.razak[at]dosm.gov.my

Contact person:

Baharudin Mohamad

Public Relation Officer

Strategic Communication and International Division

Department of Statistics Malaysia

Tel : +603-8090 4681

Fax : +603-8888 9248

Email : baharudin[at]dosm.gov.my

Copyright ©2025 Department of Statistics Malaysia Official Portal. All Rights Reserved.